

# Kennedy Center News

## November 2021



The Kennedy Center will be closed on Thursday, November 11th in observance of Veteran's Day.



The Kennedy Center will be closed on Thursday, November 25th and Friday, November 26th for the Thanksgiving holiday.



**SHINE PROGRAM**  
Serving the Health Insurance Needs of Everyone

S.H.I.N.E. (Serving Health Insurance Needs of Elders) A Quincy COA S.H.I.N.E. counselor is here to assist you with questions regarding Medicare, Prescriptions Advantage, Part D, etc. Catherine is back in the building for in person appointments and Paul offers appointments over the phone.. Please call 617-376-1506 to make an appointment.

Dear Friends,

I want to take the opportunity to thank so many of you who provided positive feedback to me about my message last month. I was really touched that so many of you had kind words and remembrances of my mom and dad.

November is a month in which we honor our veterans. I'm very proud that my father and all five of my uncles were Army veterans, I also have three cousins who served, and I am grateful for their service as well and all the heroes that ever put a uniform on.

On a funny note, my dad joined the Army and then was drafted. When he graduated from high school, the draft was on, so he and most of his friends joined figuring that a few of them may get stationed together. I believe there were 10 of them and they all got stationed in different companies. My father was home on leave and his mother told him that a letter had come from the Selective Service. It said he had been drafted into the U.S. Army and when and where he was to present himself. So, he showed up on that appointed time in uniform. They looked at him and said, "Well, there seems to have been some mistake." Some of his friends were deployed to Korea as the Korean War was raging at that time. He was sent to Germany where he participated in the Berlin airlift.

For 257 years the United States military has been serving to preserve our freedoms. They have gone around the world to bring freedom to others. It is sad to say that so many of us have forgotten this. Much of our history that is now taught has become distorted. This is a travesty and as a result of this travesty our freedoms are being slowly whittled away. Regardless of our political opinions we should all be concerned with what is happening in our nation. People have a right to their own opinions, but they do not have a right to their own facts.

For those of you, who along with me, have reaped the benefits of the brave men and women who've put on our nation's uniform, please join me in this note of gratitude to them. We thank you for your service and your sacrifice.

At the recent dedication of our new General's Bridge and park, Gen. Gordon Sullivan said it best when he said, "If you have ever walked into a recruiting station, raised your hand and took the oath to serve in our military then you are my hero."

Sincerely,


Thomas F. Clasby, Jr.  
Director

 For timely information, topics of interest, announcements and more, be sure to like us on Facebook! Search us under Quincy Council on Aging



## KENNEDY CENTER

Kennedy Center  
440 East Squantum Street  
Quincy, MA 02171  
617-376-1506  
[www.quincyma.gov/government/elderserv](http://www.quincyma.gov/government/elderserv)  
Hours: Monday- Friday 8:30 – 4:30PM



Grieving together  
is  
growing together.

### Monthly Bereavement Support Group Thursday, November 18 at 1:00 P.M.



All are welcome. This is a monthly group which provides a space of sharing and support for those who are grieving the loss of a loved one. Sponsored by Hamel-Lydon Chapel Cremation Service of Massachusetts. **Registration is required. Please call 617-376-1506 to register.**



### Monthly Birthday Party Celebration Wednesday, November 17th at 1:30 P.M.



At Hamel-Lydon Chapel, we also believe in the celebration of life. Come join us at the Kennedy Center for cake and ice cream if it's your birthday or even if it's not, come and join us for our celebration! Sponsored by Hamel-Lydon Chapel. **Reservations are required. Please call 617-376-1506 to reserve your spot.**



### Nails to You Manicures Friday, November 19th from 10:00 A.M - 4:00 P.M.

Join us for a manicure event at the Kennedy Center. Manicures will be \$15 payable to Nails to You on the day of the event. **Please call 617-376-1506 to schedule your appointment.**



### Craft Time! Tuesday, November 16th at 1:00 P.M.

Join us for a craft class. You have the option of making the featured craft or choosing to make one of our wood signs. Seasonal sayings will be provided. **Cost is \$15 payable upon registration. Space is limited. Please call 617-376-1506 to reserve your spot.**



## Quincy Police Patrol Officers Association Luncheon Friday December 3rd at 12:30 P.M.

The Quincy Police will provide a luncheon for members of the Quincy Council on Aging at the Kennedy Center. Entertainment will be provided. Tickets are \$3 per person available at the Kennedy Center. Proceeds will go to the Quincy Police Charitable fund, Cops for Kids with Cancer. **Space is limited.**



## Quincy's Memory Café Hosted by Standish Village at the Kennedy Center Monday, November 22nd at 12:00 P.M.

Brought to you by Julie Williamson, Director of Communications for Standish Village Assisted Living & Compass Memory Support, Quincy's Memory Café welcomes those living with memory loss or dementia and their care partners, family and friends. While Memory Café is open to anyone in the community, any guest who requires a personal care attendant must have a caregiver present. Please call 617-376-1243 to register for the café or with any questions.



## Dr. Comfort Diabetic Shoe Clinic Thursday, December 2nd at 9:00 A.M.

Is Medicare your primary insurance? If so, you are eligible to receive a pair of diabetic shoes and inserts free. Also, other insurances cover this as well! Please bring your Medicare card and any other supplemental insurance cards as well and the completed doctor's order (pick up from Kennedy Center). **Space is limited and appointments are required. Must pick up doctor's order form at the Kennedy Center, this must be filled out by doctor prior to appointment. All forms must be sent to Amy Baxter by November 18th. Any further questions please call Amy Baxter, Pro Medical East 603-944-1311.**



## Card Making Class Friday, November 5th at 10:00 A.M.

Join Elizabeth Gearin for a fun, relaxing class creating your own cards. All supplies will be provided. You will leave with 5 cards personally created by you to give to friends and family. **Registration is required. \$5 per person due at time of registration.**



## Fall Prevention Wednesday, December 8th at 11:00 A.M.

The Norfolk County Sheriff's Office will be present a seminar on Fall Prevention. You will learn measures to prevent falls which is a vital tool especially if you are in a situation where you are by yourself. **Space is limited and registration is required. Please call 617-376-1506 to reserve your spot today.**



## Would you like to have our newsletter mailed to your home?

Please detach the form below and mail it along with your \$6 check made payable to:

Quincy Council on Aging  
440 East Squantum Street  
Quincy, MA 02171.

Cost is \$6.00 for one year.

### Kennedy Center Newsletter Home Mailing Form

Subscriber Name \_\_\_\_\_

Address \_\_\_\_\_

City/Town, State, Zip \_\_\_\_\_



Thank you to **Attorney Rob Romano** for conducting the estate planning essentials workshop. Thank you to **Hamel Lydon Chapel** for providing the delicious cake and ice cream for the monthly birthday party and also for holding the the monthly bereavement group. Thank you to **Julie Williamson from Standish Village** for the Oktoberfest event. It was a great way to experience the culture of Germany. Thank you to everyone who came out to support our Kennedy Center Craft Fair, it was a great success! Thank you to Friends of the Kennedy Center for our monthly bingo and great gift card prizes!



### Honoring our Veterans Friday, November 5th at 1:00PM

We are very proud to honor veterans who have served our country and those currently serving. The Kennedy Center will host a luncheon to honor our Veterans. **This luncheon is for Veterans Only.** Registration required. Please call 617-376-1506. Space is limited.



### New Year's at Noon Friday, December 31st

Celebrate New Year's Eve with your friends aboard the Odyssey for a 2 hour cruise with a champagne toast and countdown to Noon! Buffet menu includes, salad, flounder, oven roasted turkey, hand carved strip loin, desserts, and fruit. After the cruise returns, you'll board your coach for a view of the holiday lights and Frog Pond ice rink and the beautiful Christmas tree on Boston Common. **\$99 per person. Checks made out to Fox Tours. Bus will leave Pageant Field at 10:00A.M. and return to Pageant Field at approximately 4:30 P.M. Pageant Field is located at 1 Merrymount Parkway. Payment in full due at time of registration, checks only. Fox Tours is requiring that all travelers have a valid vaccination card in order to travel. Must be a Kennedy Center member to participate in trips.**



### A Salem Cross Christmas & Bright Nights Tuesday, December 7th

Today you'll first visit Honey Bee Orchards gift shop where you can purchase honey, preserves and jellies. Next you're off to Salem Cross Inn for a delicious luncheon featuring Salem Cross' flaky Chicken Pie or Maple Salmon. You will also enjoy a visit to the Yankee Candle Shop's Bavarian Christmas Village in Deerfield. Then the time has come to head for the Bright Nights, New England's most elaborate light display. **\$99 per person. Checks made out to Fox Tours. Bus will leave Pageant Field at 9:00A.M. and return to Pageant Field at approximately 7:30 P.M. Pageant Field is located at 1 Merrymount Parkway. Payment in full due at time of registration, checks only. Fox Tours is requiring that all travelers have a valid vaccination card in order to travel. Must be a Kennedy Center member to participate in trips.**



### New York's 9/11 Memorial and Museum Sunday, December 12th

Depart from Pageant Field on your luxury Silver Fox Motor Coach for New York City. A coffee/breakfast stop will be made as you make your way to NYC. You will first visit Rockefeller Center and Midtown Manhattan to view the sights. Then you'll travel downtown to Ground Zero, where your group will visit the 9/11 memorial. You'll next visit the National 9/11 Museum. You will arrive home at 10:30 P.M. after a memorable day in New York. Tour includes Admission to Memorial and Museum, visit to Rockefeller Center and luxury Silver Fox Coach. **\$109 per person. Checks made out to Fox Tours. Bus will leave Pageant Field at 6:00A.M. and return to Pageant Field at approximately 10:30 P.M. Pageant Field is located at 1 Merrymount Parkway. Payment in full due at time of registration, checks only. Fox Tours is requiring that all travelers have a valid vaccination card in order to travel. Must be a Kennedy Center member to participate in trips.**



### Protecting Your Assets Tuesday, November 16th at 10:00 A.M.

Attorney Robert Romano will conduct his Estate Planning Essentials workshop at the Kennedy Center to discuss important issues that affect all seniors, including avoiding probate and protecting your assets from a nursing home. Come and learn about the 5 legal documents that all adults should have! Space is limited. Registration is required. Call 617-376-1506 to register.





**Friday is pizza day in the Café.**

**We sell slices of fresh hot pizza for \$2 per slice! Come enjoy a slice!!!**



### WORD SEARCH

APPLEPIE	CRANBERRIES	FAMILY	FEAST	FOOTBALL
FRIENDS	GOURDS	HARVEST	LEAVES	MAYFLOWER
PARADE	POTATOES	PUMPKINPIE	SCARECROW	STUFFING
THANKFUL	THANKSGIVING	TRADITIONS	TURKEY	VETERANS DAY

H	Q	K	V	G	E	X	M	W	L	L	C	G	G	U
W	A	N	O	D	S	X	A	O	E	U	R	N	N	J
V	E	R	A	J	Y	P	Y	R	A	F	A	I	I	G
L	U	R	V	L	D	O	F	C	V	K	N	F	V	W
J	A	T	I	E	C	T	L	E	E	N	B	F	I	W
P	K	M	U	K	S	A	O	R	S	A	E	U	G	U
T	A	E	J	R	G	T	W	A	P	H	R	T	S	F
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W	Q	A	R	Y	E	E	R	S	N	H	I	C	N	O
X	R	I	E	P	V	S	Y	B	U	E	E	S	A	T
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S	P	U	M	P	K	I	N	P	I	E	Q	R	T	A
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E	I	P	E	L	P	P	A	S	K	R	B	O	F	L
T	R	A	D	I	T	I	O	N	S	D	H	G	D	X

**FREE MOVIE  
FRIDAYS****Free Movie Fridays at the Kennedy Center  
Every Friday at 12:30**

**November 5th - The Pursuit of Happyness** - Will Smith stars in this moving tale inspired by the true story of Chris Gardner, a San Francisco salesman struggling to build a future for himself and his 5 year old Christopher (Jaden Smith). When his girlfriend Linda walks out, Chris is left to raise Christopher on his own. With self-confidence, determination and the love and trust of his son, Chris Gardner rises above his obstacles to become a Wall Street legend. **Running time approx. 117 minutes.**

**November 12th - Runaway Bride** - Julia Roberts and Richard Gere star in this delightful laugh filled romantic comedy. Roberts plays a small town girl Maggie Carpenter, whose marches down the aisle become a series of near Mrs. When she bolts before saying "I do." Gere is ike Graham, a cynical big city newspaper columnist eager to write a tell all story about Maggie. But the more Ike finds out about skittish Maggie, the more he finds he's falling in love. **Running time approx. 116 minutes.**

**November 19th - The Shack** - Based on The New York Times best selling novel, The Shack takes us on a father's transformative spiritual journey. After a family tragedy, Mack (Sam Worthington) spirals into a crisis of faith, and questions God's existence and life's purpose. Mack is unable to move on, until he gets a mysterious invitation to an abandoned shack. There, god reveals himself in the form of 3 strangers led by Papa (Octavia Spencer). Mack's journey will transform audiences of all ages, in this movie that you will want to watch over and over. **Running Time Approx. 132 minutes.**

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## Computer Classes - \$5 per class

### Instruction by Grace Buscher



*Registration required for classes \* Bring your laptop. You are welcome to come without laptops for instruction only. The center's computers are available first come, first serve. Call 617-376-1506 to register*



### Computer Classes Grace Buscher

**Wednesdays from 1:30 - 2:30 and Thursdays from 10:00 - 12:00**

**Wednesday, November 3rd - Holiday Purchasing**

**Thursday, November 4th - No Class**

**Wednesday, November 10th GPS & Travel Apps**

**Thursday, November 11th - No Class**

**Wednesday, November 17th - Banking**

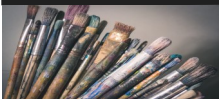
**Thursday, November 18th - Individual Appointments**

**Wednesday, November 24th - No Class**

**Thursday, November 25th - No Class**



Attorney Crowninshield of Mahoney Law Group will be here the 3rd Friday of every month from 11:00 a.m. until 3:00 p.m. for Free Simple Wills. Please call 617-376-1506 to make an appointment or stop by the office at the Kennedy Center. Attorney Crowninshield has many years of experience and will work with you to execute the documents you need.



### Rock Painting

**Friday, November 12th at 1:30 P.M.**

Come join us in the Art room and paint a rock with your own unique design! Paint supplies provided. Registration is required. **Please call 617-376-1506 to register.**



### County of Norfolk Office of the County Commissioners RSVP Volunteer Program



Over 55? Want to make a difference in the lives of others? Become a volunteer. Give back and feel good all at the same time. Norfolk County RSVP matches adults 55+ with meaningful, carefully vetted volunteer opportunities throughout the County. Volunteer opportunities include: Rides for Vets, Meals on Wheels, Friendly Visiting, Elementary School Tutoring. **For more information, please call 781-329-5728.**



This is an  
Intermediate  
Level  
Puzzle.

Exercise Your  
Brain!



6	7		8		5			1
	5			2	1	3	6	
		1	3	7		9		
5	2		9				1	
3			6		2	5		9
9	8		5	1		2	3	
1	3			5	9			2
	9		1				5	
	6		2	3			9	

## Sudoku

Use your logic to  
find the correct number  
for each square.

When finished,  
all nine rows across, all  
nine columns down and  
all nine 3 by 3 boxes must  
contain all nine numbers,  
1 through 9, with no  
repeats.

**Level: Intermediate**

**Good luck!!**



1. Who was the first President to pardon a turkey?
2. How many calories on average are consumed per person, at Thanksgiving dinner?
3. Which President made Thanksgiving a permanent national holiday?
4. Which President refused to celebrate Thanksgiving as a national holiday?
5. When is Thanksgiving in Canada?
6. What turkeys actually gobble?
7. What year did the Macy's Thanksgiving Day Parade first have balloons?
8. When was the first Thanksgiving NFL game?
9. Which Native American friend to the settlers acted as an interpreter?
10. What city has the oldest Thanksgiving Day Parade?



### **Book Club**

**The book for the November 4th meeting is Lady Clementine by Marie Benedict.** The November meeting will be held Thursday November 4th at 1:30 P.M. The book for December 2nd is When Elephants Weep: The Emotional Lives of Animals by Jeffrey Moussaieff Masson and Susan McCarthy.



Men's discussion group meets the 2nd Thursday of each month at 10AM. The November meeting will be held Thursday, November 18th at 10:00 A.M. The guest speaker will be Quincy Health Commissioner Marli Caslli.



Women's Discussion group meets the 2nd Thursday of each month at 1:30PM. The November meeting will be November 18th at 1:30 p.m.



### **Norfolk County Sheriff's Office Monday, November 15th at 11:00 A.M.**

Please join Cheryl Bamberry from the Norfolk County Sheriff's office for an informative gathering to discuss some of the free programs offered for the safety of seniors in Norfolk County. She will discuss the Are you OK and File for Life programs and answer any questions you may have. **Registration is required. Please call 617-376-1506 to register.**



### **Christmas Party Thursday, December 9th at 12:30 P.M.**

Join us to celebrate the spirit of Christmas with friends at the Kennedy Center. Enjoy great Christmas entertainment by the Villianeers, a catered lunch and raffles. **Space is limited. Stop by the Kennedy Center to purchase your ticket. \$10PP**



### **Memory Laners Holiday Show Friday, December 17th at 12:30 P.M.**

The Memory Laners will be back at the Kennedy Center for a holiday show! They were here in September and everyone who attended had a great time singing and dancing to all of their favorite songs. **Registration is required. Please call 617-376-1506 to register.**



**November 9th  
November 10th**

**Cheryl Scibilio  
Jennifer Higgins**





# November 2021

## Mon

## Tue

## Wed

## Thu

## Fri

<b>1</b> <b>Foot Screening by apt</b> <b>930 Walking Club</b> <b>10 Line Dancing (\$3)</b> <b>11 Scrabble</b> <b>11:45 ZUMBA (\$3)</b> <b>1 Balance Class (\$3)</b>	<b>2</b> <b>S.H.I.N.E by appt.</b> <b>10Hand &amp; Foot Card</b> <b>10 Weigh to Go</b> <b>10 Quilting</b> <b>1230 Chair Yoga (\$3)</b> <b>1 Rummikub</b> <b>No Classes in the gym due to Voting.</b> 	<b>3</b> <b>10 Knitting Group</b> <b>11 Blood Pressure</b> <b>11 Volleyball</b> <b>1:30 Computers</b> <b>2 Corn hole</b>	<b>4</b> <b>9 Exercise (\$3)</b> <b>10 Blood Pressure</b> <b>10 Mah-jongg</b> <b>10 Sing Along</b> <b>10 No Computer Class</b> <b>10:30 SSES Housing Info</b> <b>10:30 Strength Training (\$5)</b> <b>11 Chess</b> <b>12:30 Chair Yoga (\$3)</b> <b>1:30 Book Club</b> <b>Salem Cross Inn Trip</b>	<b>5</b> <b>9 Zumba (\$3)</b> <b>10 Card Making</b> <b>10:30 Tai Chi (\$3)</b> <b>12 Bridge</b> <b>12:30 Free Movie</b> <b>The Pursuit of Happiness</b> <b>1 Veteran’s Luncheon</b>																																																																																	
<b>8</b> <b>930 Walking Club</b> <b>10 Line Dancing (\$3)</b> <b>11 Scrabble</b> <b>11:45 ZUMBA (\$3)</b> <b>1 Balance Class (\$3)</b> <b>1:30 Bingo</b>	<b>9</b> <b>Piano lesson by appt</b> <b>S.H.I.N.E by appt.</b> <b>9 Exercise (\$3)</b> <b>10Hand &amp; Foot Card</b> <b>10 Weigh to Go</b> <b>10 Quilting</b> <b>10:30Strength Training(\$5)</b> <b>1230 Chair Yoga (\$3)</b> <b>1 Rummikub</b>	<b>10</b> <b>10 Knitting Group</b> <b>11 Blood Pressure</b> <b>11 Volleyball</b> <b>1:30 Computers</b> <b>2 Corn hole</b>	<b>11</b> <b>Kennedy Center will be closed.</b> 	<b>12</b> <b>9 ZUMBA (\$3)</b> <b>10:30 Tai Chi (\$3)</b> <b>12 Bridge</b> <b>12:30 Free Movie</b> <b>Runaway Bride</b> <b>1:30 Rock Painting</b>																																																																																	
<b>15</b> <b>Hearing Screenings</b> <b>930 Walking Club</b> <b>10 Line Dancing (\$3)</b> <b>11 Scrabble</b> <b>11 Sherriff’s Office</b> <b>11:45 ZUMBA (\$3)</b> <b>1 Balance Class (\$3)</b> <b>Encore Trip</b>	<b>16</b> <b>Piano lesson by appt</b> <b>S.H.I.N.E by appt.</b> <b>9 Exercise (\$3)</b> <b>10 Hand &amp; Foot Card Game</b> <b>10 Protecting your Assets</b> <b>10 Weigh to Go</b> <b>10 Quilting</b> <b>10:30Strength Training(\$5)</b> <b>1230 Chair Yoga (\$3)</b> <b>1 Rummikub</b> <b>1 Craft Time</b>	<b>17</b> <b>10 Knitting Group</b> <b>11 Blood Pressure</b> <b>11 Volleyball</b> <b>1:30 Computers</b> <b>1:30 Birthday Party</b> <b>2 Corn hole</b>	<b>18</b> <b>9 Exercise (\$3)</b> <b>10 Blood Pressure</b> <b>10 Mah-jongg</b> <b>10 Sing Along</b> <b>10 Individual Appt.</b> <b>10 Men’s Discussion</b> <b>10:30 Strength Training (\$5)</b> <b>11 Chess</b> <b>12:30 Chair Yoga (\$3)</b> <b>1 Grief Support</b> <b>1 Alzheimer’s Support</b> <b>1:30 Women’s Discussion</b>	<b>19</b> <b>9 ZUMBA (\$3)</b> <b>10 Nails to You</b> <b>10:30 Tai Chi (\$3)</b> <b>11 Simple Wills (by apt)</b> <b>12 Bridge</b> <b>12:30 Free Movie</b> <b>The Shack</b>																																																																																	
<b>22</b> <b>9:30 Walking Club</b> <b>10 Line Dancing (\$3)</b> <b>11 Scrabble</b> <b>1145 ZUMBA (\$3)</b> <b>12:00 Memory Cafe</b> <b>1 Balance Class (\$3)</b>	<b>23</b> <b>Piano lesson by appt</b> <b>S.H.I.N.E by appt.</b> <b>9 Exercise (\$3)</b> <b>10 Weigh to Go</b> <b>10 Hand &amp; Foot Card Game</b> <b>10 Quilting</b> <b>10:30Strength Training(\$5)</b> <b>1230 Chair Yoga (\$3)</b> <b>1 Rummikub</b>	<b>24</b> <b>10 Knitting Group</b> <b>10 Shredding</b> <b>11 Blood Pressure</b> <b>11 Volleyball</b> <b>1:30 No Computer Class</b> <b>2 Corn hole</b>	<b>25 The Kennedy Center will be closed.</b> 	<b>26 The Kennedy Center will be closed.</b> 																																																																																	
<b>29</b> <b>9:30 Walking Club</b> <b>10 Line Dancing (\$3)</b> <b>11 Scrabble</b> <b>11:45 ZUMBA (\$3)</b> <b>1 Balance Class (\$3)</b> <b>Yuletide Newport</b>	<b>30</b> <b>Piano lesson by appt</b> <b>S.H.I.N.E by appt.</b> <b>9 Exercise (\$3)</b> <b>10 Hand &amp; Foot Card Game</b> <b>10 Weigh to Go</b> <b>10:30Strength Training(\$5)</b> <b>10 Quilting</b> <b>1230 Chair Yoga (\$3)</b> <b>1 Rummikub</b> <b>Yuletide Newport</b>	<b>Trivia Answers</b> <b>1. John F. Kennedy</b> <b>2. 4,500</b> <b>3. Abraham Lincoln</b> <b>4. Thomas Jefferson</b> <b>5. The 2nd Monday in October</b> <b>6. Male turkeys</b> <b>7. 1928</b> <b>8. 1920</b> <b>9. Squanto</b> <b>10. Philadelphia</b>	<table><tr><td>6</td><td>7</td><td>3</td><td>8</td><td>9</td><td>5</td><td>4</td><td>2</td><td>1</td></tr><tr><td>8</td><td>5</td><td>9</td><td>4</td><td>2</td><td>1</td><td>3</td><td>6</td><td>7</td></tr><tr><td>2</td><td>4</td><td>1</td><td>3</td><td>7</td><td>6</td><td>9</td><td>8</td><td>5</td></tr><tr><td>5</td><td>2</td><td>7</td><td>9</td><td>4</td><td>3</td><td>8</td><td>1</td><td>6</td></tr><tr><td>3</td><td>1</td><td>4</td><td>6</td><td>8</td><td>2</td><td>5</td><td>7</td><td>9</td></tr><tr><td>9</td><td>8</td><td>6</td><td>5</td><td>1</td><td>7</td><td>2</td><td>3</td><td>4</td></tr><tr><td>1</td><td>3</td><td>8</td><td>7</td><td>5</td><td>9</td><td>6</td><td>4</td><td>2</td></tr><tr><td>4</td><td>9</td><td>2</td><td>1</td><td>6</td><td>8</td><td>7</td><td>5</td><td>3</td></tr><tr><td>7</td><td>6</td><td>5</td><td>2</td><td>3</td><td>4</td><td>1</td><td>9</td><td>8</td></tr></table>	6	7	3	8	9	5	4	2	1	8	5	9	4	2	1	3	6	7	2	4	1	3	7	6	9	8	5	5	2	7	9	4	3	8	1	6	3	1	4	6	8	2	5	7	9	9	8	6	5	1	7	2	3	4	1	3	8	7	5	9	6	4	2	4	9	2	1	6	8	7	5	3	7	6	5	2	3	4	1	9	8	
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## Outreach

In addition to our friendly visits and referral service, Marge Donaher and Paula Keaney are available to help you complete applications for various services. Applications can be confusing and overwhelming at times, Marge and Paula can assist with the process. If your Driver's license is up for renewal with the Registry of Motor Vehicles, they can assist with the process online, or fill out and print the forms before you visit the registry to save you time. They can also help navigate and find information needed on the Alzheimer's Website. Marge is at the Kennedy Center Mondays from 10-3, Wednesdays from 10-4:30 and Thursdays from 10-3. Paula is here Monday through Friday from 8:30-4:30. **If you wish to call, Marge can be reached at 617-376-1243 and Paula can be reached at 617-376-1241.**

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### **Friends of the Kennedy Center Bingo Monday, December 13th at 1:30 P.M.**

Join the Friends of the Kennedy Center for an afternoon of Bingo! Try your luck at Bingo and a chance to win a fabulous prize! Space is limited. Registration is required. Don't miss out on all the fun! **Please call 617-376-1506 to register.**

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### **Housing Seminar Thursday, November 4th at 10:30 A.M.**

A representative from South Shore Elder Services will be at the Kennedy Center to explain the CHAMP application which is the Common Housing Application for Massachusetts Public Housing. The CHAMP application gives you access to housing inside and outside of Quincy. **Space is limited and registration is required. Please call 617-376-1506 to register.**

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## Kennedy Center Computer Classes and Computer Repair



Since we are now out of pandemic mode, we thought we would readjust our classes at the Kennedy Center beginning September 1st. It is a nice time for a change. We will be having onsite classes on Wednesday afternoon from 1:30 to 2:30. Each week will have a different topic. These classes will range from introductory classes to topic specific classes. They will be for all types of learners, novice, intermediate and experienced learners. The class schedule will appear in another part of the newsletter.

Our Thursday class will be different each week. We are introducing 20 minute one on one sessions where Grace will work with people on an individual basis. Classes will take place from 10-12 on Thursday mornings at the Kennedy Center. You must have an appointment. Call the Kennedy Center and schedule your time. These sessions will take place multiple times per month. These sessions can be relative to any device (tablet, computer, cell phone).

Thursday classes will offer additional services. There will be alternate weeks we will continue our Zoom classes. Since Zoom worked out well and we could open the classes up to everyone without travel we thought we would continue them. The monthly schedule will have which weeks will be zoom classes and the topic of the class. To request to be a part of the zoom class, please email Grace at [gmbsystems@aol.com](mailto:gmbsystems@aol.com). She will send out the zoom invitation the night before the class will take place.

We will also leave in place Grace's ability to remotely repair your computer. This is a nice feature result from the pandemic. If you have the internet, Grace can set you up to be able to communicate online. In order to get in touch for this service, call Grace at 617-472-3641 or email at [gmbsystems@aol.com](mailto:gmbsystems@aol.com).

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